

How to Play Drums Easy Self Instruction: A Comprehensive Guide for Beginners

Learning to play the drums can be a fun and rewarding experience. With the right instruction and practice, anyone can learn the basics of drumming and start playing their favorite songs. This guide will provide you with everything you need to know to get started playing the drums, from choosing the right equipment to mastering essential techniques and grooves.



HOW TO PLAY DRUMS: EASY SELF INSTRUCTION

by D C Robinson

★★★★☆ 4.5 out of 5

Language : English

File size : 2850 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Print length : 17 pages



Choosing the Right Equipment

The first step in learning to play the drums is to choose the right equipment. This includes choosing the right drum set, sticks, and throne. Here are a few things to consider when choosing your equipment:

- **Drum set:** There are many different types of drum sets available, so it is important to choose one that is right for your needs and budget. If

you are just starting out, a simple four-piece drum set with a snare drum, two toms, and a bass drum will be a good option. As you progress in your drumming, you may want to add more drums and cymbals to your set.

- **Sticks:** Drum sticks are available in a variety of sizes and materials. It is important to choose sticks that are the right size and weight for your hands. If you are not sure what size sticks to get, you can ask a drum teacher or salesperson for advice.
- **Throne:** A drum throne is a stool that you sit on while playing the drums. It is important to choose a throne that is the right height and provides good support for your back and legs.

Setting Up Your Drum Set

Once you have chosen your equipment, you need to set up your drum set. Here are a few tips for setting up your drums:

- **Place your snare drum in front of you, about 12 inches from your body.**
- **Place your toms to the left and right of your snare drum, about 14 inches from your body.**
- **Place your bass drum in front of your feet, about 24 inches from your body.**
- **Adjust the height of your drum throne so that your feet are flat on the floor and your thighs are parallel to the ground.**
- **Adjust the angle of your drum sticks so that they are comfortable to hold.**

Basic Drumming Techniques

Now that your drum set is set up, it's time to learn some basic drumming techniques. Here are a few of the most common drumming techniques:

- **Matched grip:** The matched grip is the most common way to hold drum sticks. To hold the sticks in a matched grip, place your left hand on top of the stick, with your thumb and index finger around the stick. Place your right hand on the stick below your left hand, with your thumb and index finger around the stick. Your hands should be about 6 inches apart.
- **Traditional grip:** The traditional grip is less common than the matched grip, but it is still used by some drummers. To hold the sticks in a traditional grip, place your left hand on top of the stick, with your thumb and index finger over the stick. Place your right hand on the stick below your left hand, with your thumb and index finger under the stick. Your hands should be about 4 inches apart.
- **Rudiments:** Rudiments are basic drumming patterns that are used to develop coordination and speed. There are many different rudiments, but some of the most common include the single stroke roll, the double stroke roll, and the paradiddle.
- **Grooves:** Grooves are basic drum patterns that are used to accompany music. There are many different grooves, but some of the most common include the shuffle, the swing, and the rock beat.

Practicing the Drums

The best way to improve your drumming skills is to practice regularly. Here are a few tips for practicing the drums:

- **Start slowly and gradually increase your speed as you get more comfortable with the technique.**
- **Focus on accuracy and consistency.**
- **Use a metronome to help you stay in time.**
- **Record yourself and listen back to your playing.**
- **Get feedback from a drum teacher or other experienced drummer.**

Learning to play the drums can be a fun and rewarding experience. With the right instruction and practice, anyone can learn the basics of drumming and start playing their favorite songs. This guide has provided you with everything you need to know to get started playing the drums, so now it's up to you to start practicing and making music!

Additional Resources

- Drumeo is a great online resource for drummers of all levels.
- Stick Control for the Snare Drummer by George Lawrence Stone is a classic drum book that has helped countless drummers improve their skills.
- Drum Lessons Dot Com is a YouTube channel that offers free drum lessons.



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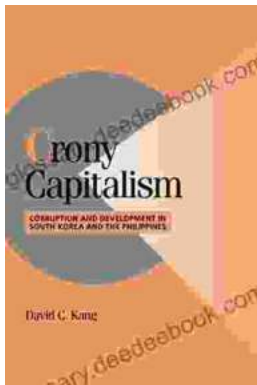
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