

# Best Hikes With Kids Connecticut Massachusetts Rhode Island

## 1. Sleeping Giant State Park: A Gentle Giant for Little Explorers

Distance: 1.5 miles | Difficulty: Easy Nestled in the heart of Connecticut, Sleeping Giant State Park is home to the iconic Sleeping Giant Mountain. Embark on the gentle loop trail that wraps around its base, offering panoramic views of the lush Quinnipiac Valley below. Along the way, your kids will delight in exploring the "castle" rock formations, perfect for imaginative play.

## 2. Devil's Hopyard State Park: Waterfalls and Boulder Hopping

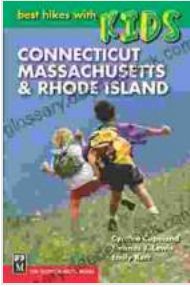
Distance: 0.5 miles | Difficulty: Easy Unleash your inner explorers at Devil's Hopyard State Park, a hidden gem tucked away in East Haddam. Follow the short but enchanting trail that leads to the cascading Chapman Falls. Encourage your kids to hop across the boulders that line the stream, creating an unforgettable adventure.

## 3. Mount Tom State Park: Summiting with Spectacular Views

Distance: 2.5 miles | Difficulty: Moderate For those seeking a slightly more challenging hike, Mount Tom State Park beckons. Ascend through a mix of woodlands and open meadows to the summit of Mount Tom. Along the way, your kids will be captivated by the panoramic vistas of the Connecticut River Valley and the distant Berkshire Mountains.

**Best Hikes with Kids: Connecticut, Massachusetts, &  
Rhode Island** by Claudia Stauber

★★★★☆ 4.4 out of 5



Language	: English
File size	: 17891 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Screen Reader	: Supported
Print length	: 256 pages



#### **4. Blue Hills Reservation: A Suburban Oasis with Panoramic Vistas**

Distance: 2 miles | Difficulty: Easy Just south of Boston, Blue Hills Reservation offers a respite from the urban hustle and bustle. Hike along the Skyline Trail, an easy loop that rewards you with stunning views of the Boston skyline, the Atlantic Ocean, and the rolling hills of Massachusetts.

#### **5. Mount Wachusett: Conquering a Peak with Picture-Perfect Views**

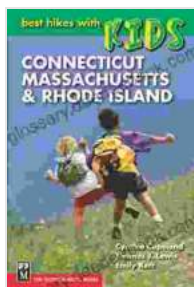
Distance: 3 miles | Difficulty: Moderate Venture west to Mount Wachusett, the highest peak in central Massachusetts. Hike through forests and meadows, culminating in a climb to the summit. Brace yourselves for breathtaking 360-degree views that encompass distant mountains, sparkling lakes, and the rolling countryside below.

#### **6. Cape Cod National Seashore: Hiking amidst Dunes and Beaches**

Distance: 1 mile | Difficulty: Easy Escape to the pristine shores of Cape Cod National Seashore. Hike along the Pilgrim Spring Trail, a short and flat loop that immerses you in the unique coastal ecosystem of dunes, salt marshes, and cranberry bogs. Watch for wildlife, enjoy the ocean breeze, and take a refreshing dip in the Atlantic Ocean at the end of your hike.

## 7. Beavertail State Park: A Coastal Adventure at the Southernmost Point

Distance: 1 mile | Difficulty: Easy At the southernmost tip of Rhode Island, Beavertail State Park offers an unforgettable coastal experience. Follow the Beavertail Trail, a loop that leads you along dramatic cliffs, past crashing waves, and through a tranquil forest. Marvel at the stunning views of the Atlantic Ocean and the nearby islands.



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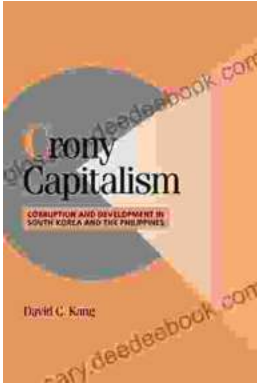
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