

¡Llame Al Doctor! Estoy Enfermo: Spanish Lessons for Beginners



Is there a doctor in the house?!: Llame al doctor, estoy enfermo/a (Spanish lessons for beginners) by August Wilson

★★★★☆ 4.8 out of 5

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When traveling to Spanish-speaking countries or interacting with Spanish-speaking healthcare providers, knowing basic Spanish phrases can be incredibly helpful, especially if you're feeling unwell. In this comprehensive lesson, we'll teach you how to say "I'm sick" in Spanish and equip you with other essential phrases for communicating your symptoms and needs to healthcare professionals.

Essential Phrases

- **I'm sick.** - Estoy enfermo/enferma (if you're male/female)
- **I don't feel well.** - No me siento bien.
- **I have a headache.** - Tengo dolor de cabeza.
- **I have a stomachache.** - Tengo dolor de estómago.
- **I have a fever.** - Tengo fiebre.
- **I have a sore throat.** - Tengo dolor de garganta.
- **I have a cough.** - Tengo tos.
- **I have a runny nose.** - Tengo secreción nasal.
- **I have allergies.** - Tengo alergias.
- **I'm allergic to...** - Soy alérgico/alérgica a...
- **I need to see a doctor.** - Necesito ver a un médico.
- **Can you help me?** - ¿Puede ayudarme?

Asking for Help

When seeking medical assistance, it's important to be able to clearly communicate your symptoms and needs. Use the following phrases to ask for help and provide information to healthcare providers:

- **I need help.** - Necesito ayuda.
- **I'm in pain.** - Tengo dolor.
- **I'm dizzy.** - Estoy mareado/mareada.
- **I'm nauseous.** - Tengo náuseas.
- **I'm vomiting.** - Estoy vomitando.
- **I'm having trouble breathing.** - Tengo dificultad para respirar.
- **I'm having a heart attack.** - Estoy teniendo un ataque al corazón.
- **I'm having a stroke.** - Estoy teniendo un derrame cerebral.
- **I need an ambulance.** - Necesito una ambulancia.
- **Where is the nearest hospital?** - ¿Dónde está el hospital más cercano?

Describing Symptoms

To effectively communicate your symptoms to healthcare providers, use the following phrases to describe your condition:

- **My head hurts.** - Me duele la cabeza.
- **My stomach hurts.** - Me duele el estómago.
- **I have a fever.** - Tengo fiebre.
- **My throat hurts.** - Me duele la garganta.

- **I have a cough.** - Tengo tos.
- **My nose is running.** - Tengo secreción nasal.
- **I'm sneezing.** - Estoy estornudando.
- **I'm sweating.** - Estoy sudando.
- **I'm shivering.** - Estoy temblando.
- **I'm tired.** - Estoy cansado/cansada.

By mastering these essential Spanish phrases, you'll be well-equipped to communicate your medical needs and symptoms to healthcare providers. Remember to practice regularly and immerse yourself in the language through exposure to Spanish media or conversations with native speakers. With consistent effort, you'll soon be able to confidently say ¡Llame al doctor! Estoy enfermo and effectively navigate healthcare situations in Spanish-speaking environments.



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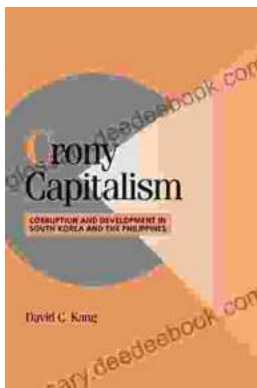
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